

THRIVE

Working together so children and young people can thrive.

📍 RATHCOOLE 📍 MONKSTOWN

IMPACT 2021-2022



ASPIRATION

What did we do?

WE CAN messages are promoted through all our activities to promote aspiration.



Bus shelter campaign

WE CAN messages featuring photos of local children from local schools, were posted at Bus Shelters throughout Rathcoole and Monkstown.



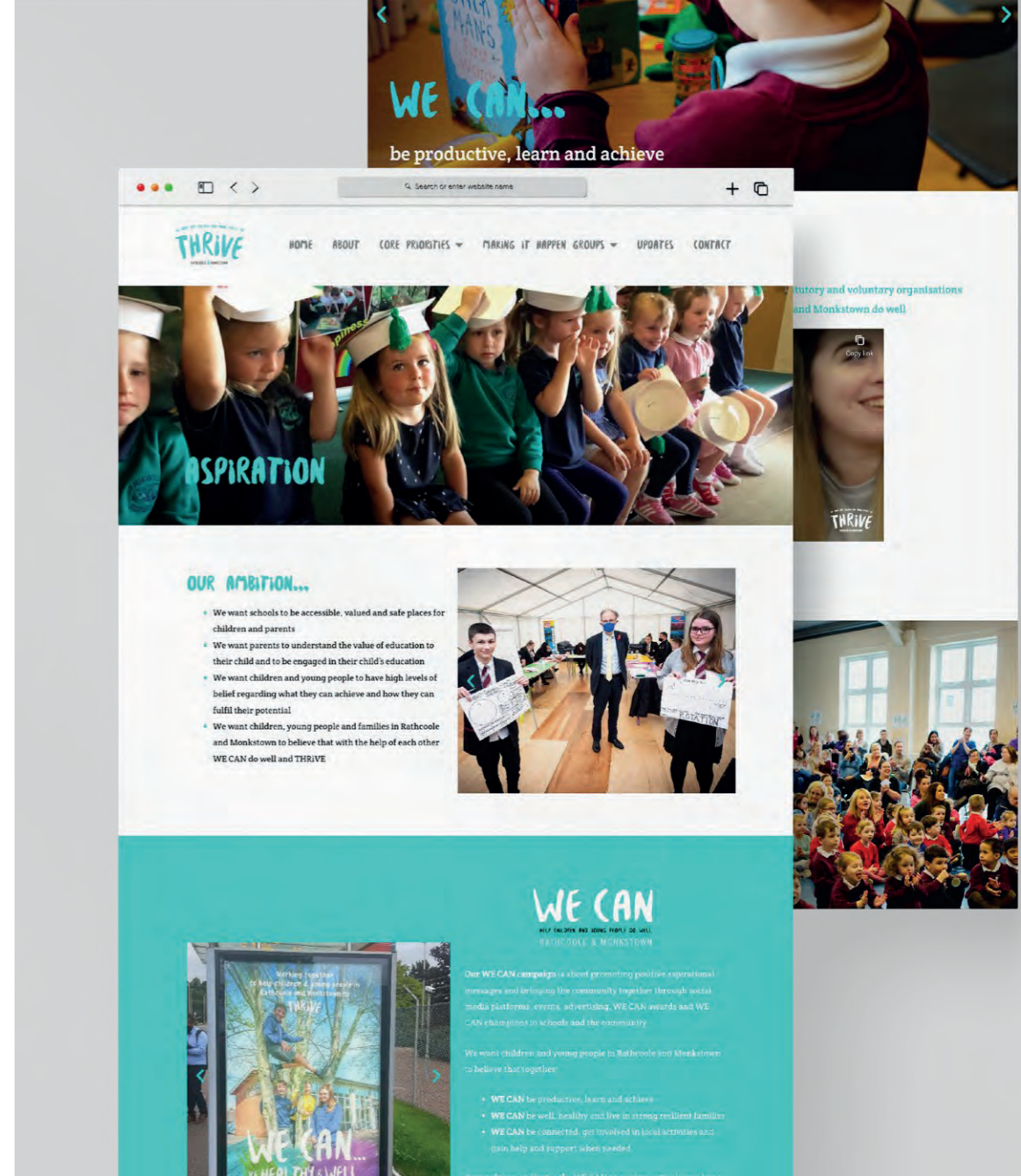
Social Media

Videos and messages produced by staff, parents, children and Young People to promote **WE CAN** messages.



School Banners

Posted at each school with WE CAN message



New website

Launched May 2021 to celebrate the work of **THRiVE** and encourage links throughout the community.

WE CAN
Champions:

20 staff in schools & 29 people from community organisations actively contributed to WE CAN campaign promotion.

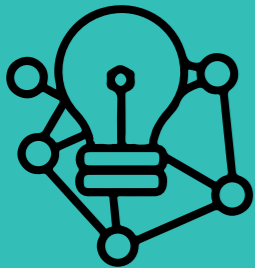
16 Parent Champions active in influencing (Education Committee, Anti-Poverty strategy), Project Board and parent events.



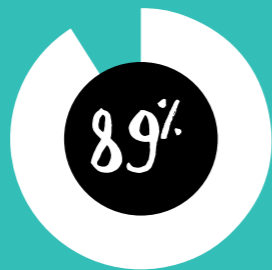
ATTAINMENT

What did we do?

BOOST



73 pupils and their parents benefitting from total of 1484 learning sessions, including parent and family sessions.

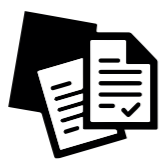


89% of 982 literacy and numeracy improvement targets set for pupils were achieved
One parent said "I've seen such an improvement in my son's work and in his confidence"



98% of BOOST pupils said they were more confident in their learning and 90% felt BOOST helped their classwork and homework.





Learning Packs

These learning packs included key resources to encourage learning at home, such as dictionaries, world maps, notebooks, reading books, games and activity ideas, outdoor learning activities, planting activities and some stationary.



130 PACKS

90%



of parents surveyed felt that family learning events and learning packs encouraged conversation and time spent together at home.





ASPiRE Pupil Case Study

10

pupils benefitting from 467 learning sessions, with mentoring support.



M joined Abbey Community College in Year 10 and struggled to settle. He played up to get attention and quickly found himself in trouble with school as he had a number of behaviour points and suspensions. He struggled with peers and got himself into several fights. At this stage his parents believed he would not achieve and were in a state of desperation. M had a history of behaviour issues and had attended a few different primary schools and post primary schools due to family break down and house moves. M is now really engaged and the transformation in focus and behaviour has been commented on regularly by teaching staff. He now feels valued and as well as achieving academically there are clear signs that he has grown in confidence and belief.

M IS NOW REALLY ENGAGED AND THE TRANSFORMATION IN FOCUS AND BEHAVIOUR HAS BEEN COMMENTED ON REGULARLY BY TEACHING STAFF.



WELL-BEING

What did we do?

We supported Parents:



32 

parents attended STEPS personal development programme delivered by Monkstown Boxing Club

12 

parents attended Parent Group and 6 parents completed Parentivity course to encourage positive mental health and parent well-being

7 

parents completed the Incredible Years programme delivered by Family Connections

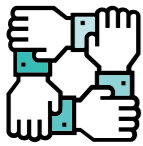
31 

parents received Family Support from Family Connections.

12 

parents attended Mindset Mental Health seminars.

We supported Schools



1 Set up a Designated Teachers network for all 7 schools.



5 Provided coaching in PATHS® social and emotional learning programme in 5 primary schools.



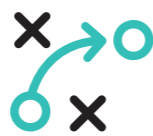
88%

of teachers said that they feel that children's overall mental health and wellbeing has improved as a result of implementing PATHS®



67%

of teachers agree that children are using a wide range of emotional vocabulary to talk openly about how they are feeling.



89%

of teachers agree children are able to use calming down strategies with support.

“The children actively look for ways to compliment each other and to focus on positives in their relationships. They can express their emotions more effectively and have learnt strategies to deal with strong uncomfortable emotions”.



We supported training for schools and community organisations:

19

teachers, classroom assistants, community workers received Community Resilience Training



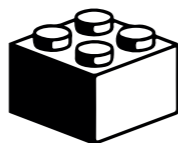
5

staff trained to deliver Solihull training through Solihull Train the Trainer programme



37

teachers and classroom assistants received Lego Therapy Training



Lifeskills training received by all Year 8 staff at Abbey Community College



'This training really gave me good ideas and a fantastic booklet that will help me get started.'
(LEGO Therapy Training participant)

"Really good strategies to help engage young people."
(LEGO Therapy Training participant)

'This would be amazing for pupils that don't usually come to school, pupils with low self esteem & for pupils that really struggle to communicate verbally.'
(LEGO Therapy Training participant)

STEPS PROGRAMME FEEDBACK

FROM PARENTS

"I learnt about negative self talk and how to set goals for personal growth – this helps me set a good example to my kids."

"It changed how I think and this affected my overall life and mental health."

"It helped me step back and assess a situation before I react to it."

"Mind-blowing"

"Boosted my confidence as a mother, friend, as a person"

"Life-changing"

"I have changed the way I speak to my son. And now I notice and correct how I speak to myself"

"Inspiring"

COLLABORATION

What did we do?

7 THRIVE PROJECT BOARD MEETINGS AND 28 SUB-GROUP MEETINGS WITH YOUTH, CHURCHES, SCHOOLS AND EARLY YEARS GROUPS.

- ✔ 'Working Together' report produced and shared
- ✔ Presentation to Education Committee
- ✔ Transitions - 'Moving to nursery and primary school' resource produced by Early Years Group with our partners Smarts.



THRIVE

Collaboration Survey

We carried out a survey with THRiVE partners in 2022.



90.3%

agreed that they had a clear understanding of the overall goals of THRiVE.



80.7%

agreed that they developed new working relationships through THRiVE which have been beneficial to their work.



93.4%

agreed that Barnardo's actively supports participation of children, young people and parents, successfully coordinates a wide range of partners and regularly communicates with their organisation.



Participants indicated that they had worked with on average 7.8 different organisations in the past year to support the common goals of THRiVE.



85.1%

reported that collaboration between THRiVE partners has been effective in working together to help children and young people do well.







**Believe in
children**



WE WANT OUR CHILDREN AND YOUNG PEOPLE TO


THRIVE

RATHCOOLE & MONKSTOWN

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