

THRIVE LIVE



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WCA Winners



Planning Group

“Meeting together to help plan and deliver the We Can Awards was such a fun and rewarding experience. We all learnt a lot as we went through the process of planning and confirming exactly what was happening on the night and I can't wait to see what WE CAN do next.”

Young person involved in planning group



Prizes

“If you could bottle the positivity and excitement of the We Can Awards, it would really be something amazing.”

Councillor Julie Gilmour

WE CAN... Awards

The second **WE CAN Awards** took place at Belfast Castle on Thursday 16th November. The Awards celebrated the achievements of seven remarkable children and young people in three categories **WE CAN...Learn, Be Healthy and well, Be Connected**. Each Award winner received an Award produced by NACN as well as a pack of fantastic prizes donated by several local businesses. A group of local young people from two local youth groups created the content of the event, planned activities and hosted the evening.

“Even as a Parent Champion, it was only through attending the We Can Awards with my family that I really got a sense of just how big THRIVE actually is!”

Parent Champion

Thank you to our 2023 We Can Awards Sponsors

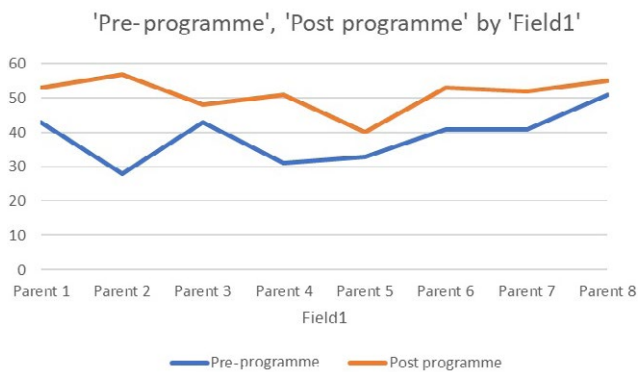


Positive Parents

PARENTIVITY



Newtownabbey Family Connections. The 5-week Parentivity programme helps parents look at their own well-being through the Take 5 steps. Participants complete the Edinburgh-Warwick Well-being rating before and after the programme. These scores indicate that all participants reported an increase in wellbeing as a result of their learning.



“Parentivity is really good for support and meeting other parents. The team are very encouraging, and the activities were very relevant for this time of year!” Parent

PARENTS & SCHOOL



Parent Champions with THRiVE Community Engagement worker attended School Open Days and Nights speaking to parents about THRiVE and encouraging parents to complete the latest Parent Engagement Survey.

STEPS - MONKSTOWN BOXING CLUB



6 Parents completed the STEPS Personal Development course at Monkstown Boxing Club. Participants on this programme also complete the Edinburgh Warwick Well-being rating and showed improvement in their well-being.

“This programme has had an amazing impact on my life. I have changed my mentality about myself and others. I am beginning to see my worth.”
Parent

“This programme has completely changed my way of thinking and built my confidence.”
Parent

SMART START

Parents participated in Smart Start, a parent programme delivered by Newtownabbey Family Connections to help parents support their child’s transition into/ settling into school.



Sub-group spotlight

EARLY YEARS SUB-GROUP SING & LEARN BOOKLETS



The Early Years group is working to improve attainment by learning through play. Early Years settings ran parent and child play & learning sessions focusing on singing and movement. Copies of the WE CAN Sing and Learn Booklets were given to families at each event.



COMMUNITY & YOUTH WORKERS SUB-GROUP

14 Community & Youth Workers attended Common Purpose workshops with Dr Colm Walsh, QUB to develop a collaborative approach to supporting Young People's emotional well-being and addressing the impact of violence on young people.



PATHWAYS

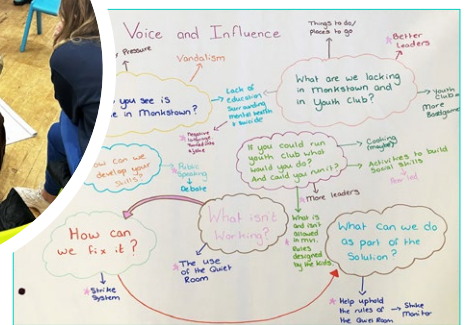
Members of the C&YW group also joined with representatives from education, economy, training providers and policy makers including ANBC Labour Market Partnership to discuss how we might work better together to help young people and parents access employment and training.





Listening to children & young people

Several local groups are active in increasing the influence that their young people have both within and through the organisation. Listening Ear worked with young people to plan and create a Wellbeing mural at the Dunanney Centre. The senior girls group at Monkstown Village Initiative are focusing on positive mental wellbeing in the club and building their leadership skills. Young People at Monkstown Boxing Club are developing their influencing/lobbying skills by understanding political systems, including visiting Mossley Mill to meet with the Mayor and local councillors.



Impact & Influence

Trustees visit – THRiVE was delighted to host seven Barnardo's Trustees in early October. The Trustees visiting some of the organisations engaged with THRiVE Newtownabbey and had the opportunity to hear from and ask questions to a range of partners involved in all aspects of the project.



THRiVE Review – Our Learning Partners Stranmillis CREU shared their Phase 1 report and recommendations to help with future planning. Everyone involved with THRiVE was invited to talk about priorities for raising aspiration, improving attainment, supporting well-being and building collaboration for 24/25.

Impact Report – The latest THRiVE Impact report (22-23) is available to download from the THRiVE Website: <https://thrivenewtownabbey.co.uk/2022-2023-thrive-impact-report/>



To find out more about THRiVE keep an eye on our Facebook page or check out our website: www.thrivenewtownabbey.co.uk

