

# THRIVE

**Working together**  
so children and  
young people can  
thrive.

📍 RATHCOOLE 📍 MONKSTOWN

#WE CAN...



WE WANT OUR CHILDREN AND YOUNG PEOPLE TO  
**THRIVE**  
RATHCOOLE & MONKSTOWN



# ASPIRATION

What did we do?







## Bus shelter campaign

**WE CAN** message featuring images of local children from local schools, posted at bus shelters throughout Rathcoole and Monkstown.





# P7 Children Aspiration Sessions

All P7 pupils attended sessions across all 6 THRiVE Primary Schools



200+

children talked about what aspiration means to them.

# WE CAN Champions:

Teachers in all seven THRiVE schools have been 'signed up' as WE CAN... Champions. They play an important part in keeping the WE CAN... messages visible and engaged with in their schools, through campaigns, activities, and resources such as WE CAN... certificates.





✦  
○ **WE CAN Awards:**

**1** amazing young people were presented with awards to celebrate their brilliance in the 3 WE CAN Categories.



**WE CAN...  
Learn**



**WE CAN...  
be healthy  
& well**



**WE CAN...  
be connected**



**5 LOCAL  
BUSINESSES  
SPONSORED  
PRIZES**





## Promoting Aspiration:

Posters featuring 'WE CAN...' messages and images of local children in schools, shops, libraries, and churches.



## EVENTS



**WE CAN...  
World Book  
Day**



**WE CAN...  
World Poetry  
Day**



**WE CAN...  
Internet  
Safety Day**



**“We’re always trying to promote reading in school, and our collaboration with THRiVE around World Book Day was genuinely helpful. It was great to have our students’ reading preferences presented in a community context, and we’d be keen in future to work on similar WE CAN projects again in future.”**

English Dept, Abbey Community College



# Social Media



ASPIRATION Video

The THRIVE Facebook page now has more than 1500 followers!



1500+ Followers

Apache Pizza Newtownabbey promote WE CAN... messages and THRIVE contact details on their pizza boxes.



# ATTAINMENT

## What did we do?

### BOOST

**BOOST gives children in P5 the chance to improve their literacy and numeracy skills, helping them and their parents**



82

**children across  
6 primary schools**



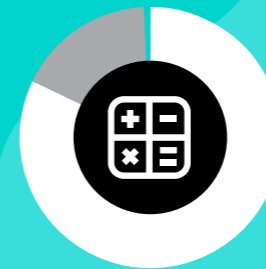
91

**Parent engagement/  
Family Learning  
sessions**



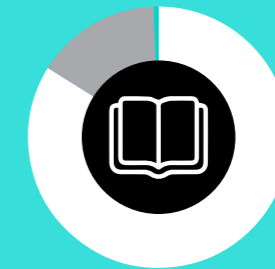
972

**Learning  
sessions**



**Numeracy  
Targets:**

**514 set | 422 met  
88 partially met.**



**Literacy  
Targets:**

**503 set | 422 met  
78 partially met.**



# BOOST

## Parent Survey results:



**100%**  
more confident  
in their role as an  
educator.



**98%**  
feel their child  
benefitted from  
BOOST



**96%**  
more connected  
to school.




**94%**  
feel their child is  
happier at school.



**94%**  
feel their child is  
more confident  
asking for help.





**“I feel that BOOST has helped me a lot with my grammar because it breaks it down in easy steps and is also fun. It makes me wasn’t to read more.”**

**“I was a little bit more shy asking or answering questions in class and now I feel more confident to put my hand up. Now I am raising my hand for all the questions.”**

**“I don’t have to worry about questions, really big ones or confusing ones now as they are kind of easier to understand. I can do my work a bit faster.”**

**“I feel okay about making mistakes and don’t feel worried anymore.”**



# BOOST

## Pupil Case Study

**Sarah (name changed) attended numeracy BOOST sessions.** She had very low confidence and was anxious about her maths lessons in class. She was highly aware of her inability to do things her classmates could do.

Through BOOST sessions maths seemed less daunting by using concrete, visual materials and playing fun numeracy games. Sarah began to grow in confidence, focusing first on basic number bonds and mental maths strategies, then more complex concepts.

Sarah flourished in the small group environment of BOOST, feeling less under pressure. Her ability to use appropriate mathematical language to explain her mental maths strategies greatly improved and confidence improved too. She became more resilient, enjoyed competing with her peers within the BOOST group and her teacher has noticed an improvement in her class participation and attainment.

SARAH FLOURISHED  
IN THE SMALL  
GROUP ENVIRONMENT  
OF BOOST, FEELING  
LESS UNDER  
PRESSURE.





## In Your Corner

**In Your Corner works with young people in Year 12 to engage them in learning and achieve GCSEs.**



**100%**  
of Students achieved  
4+ GCSE's, 90% of students  
achieving 5+ GCSE's.



**100%**  
achieved level 1 in both Maths &  
English OCN, with 2 students  
achieving their level 2 in OCN Maths.



**96.2%**  
average attendance.  
Highest attendance  
being 98.8%.



**"I never thought I could achieve what I received. I thought I would leave school with nothing, but I ended up leaving with 8 grades, this was because the support I received throughout my year with the boxing club."**

MT

**"Seeing a difference in my work from this year from last - I feel I have achieved more. I did things I never thought I would do."**

CM



**"Last year I was in a low place and didn't think I would get my GCSEs and wouldn't do anything with my future. I believe in myself, and my confidence has grown. I'm in a better place from last year."**

JM

**"My son wouldn't have achieved what he did or become the young man he is if it wasn't for the staff and teachers in Monkstown Boxing Club. Thank you so much."**

JH Parent





# WELLBEING

What did we do?





# STEPS

**STEPS is an evidence-based personal development programme to help parents set goals and make positive changes, delivered by Monkstown Boxing Club.**

**“It made me re-valuate what is important to me and what to get out of life. It has given me my self-belief back again.”**

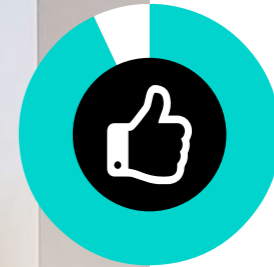
**7** parents completed STEPS Programme Sept-Jan 22.



**85.7%** reported a meaningful positive change since completing STEPS programme.

# Women's Wellbeing

**12** participants



**92.3%** reported a meaningful positive change since completing the programme.

**“I have thoroughly enjoyed this class and meeting new friends. I have found a little window for myself and will carry this forward.”**





# Newtownabbey Family Connections: Parenting Programmes & Individual Support

Family Connections provide support to parents, focusing on parental wellbeing, children's emotional wellbeing, learning and development, family routines, boundaries & behaviours.

48

**PARENTS ENGAGED**

26 through Individual Family Support

26 children +14 adults attended across the 3 weeks of the NFC Summer Scheme

4

**PARENTING PROGRAMMES**

Incredible Years, Smart Start, Parentivity (43 total participants)



26 **PARENTS RECEIVING FAMILY SUPPORT**

70% Improved Parenting skills and Confidence

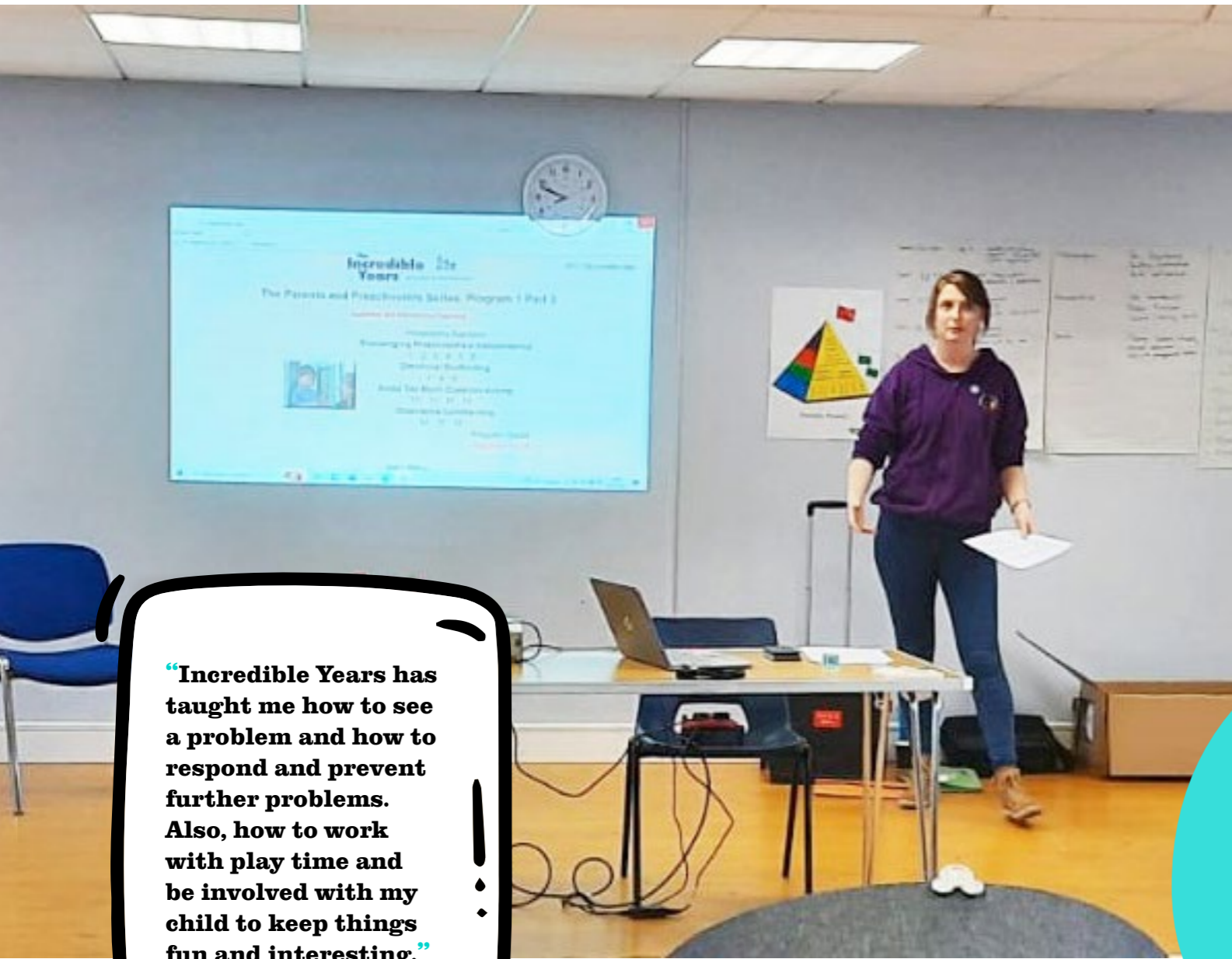
60% Improved Wellbeing

40% Improved Learning and Development

20% Improved Community Connectiveness

60% of parents made progress in 3+ areas on the Family Star.





**“Incredible Years has taught me how to see a problem and how to respond and prevent further problems. Also, how to work with play time and be involved with my child to keep things fun and interesting.”**

**43** PARENTS PARTICIPATING IN PARENT PROGRAMMES

**95%**  
Improved Parenting skills and Confidence

**90%**  
Improved Learning and Development

**93%**  
Improved Wellbeing

**86%**  
Improved Community Connectiveness

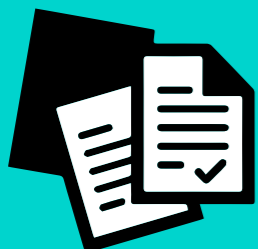
**INCREDIBLE YEARS HAS TAUGHT ME HOW TO SEE A PROBLEM AND HOW TO RESPOND AND PREVENT FURTHER PROBLEMS. ALSO, HOW TO WORK WITH PLAY TIME AND BE INVOLVED WITH MY CHILD TO KEEP THINGS FUN AND INTERESTING.”**



# COLLABORATION

## What did we do?

### LEARNING FROM A LEARNING PARTNERSHIP - WITH STRANMILLIS UNIVERSITY COLLEGE



Understanding the successes of **THRiVE**, what else can be done to improve effectiveness, including measuring impact and further ways to influence system change.

- ✔ 10 Focus groups
- ✔ 2 Learning Events
- ✔ 1 Final Report





## Parent Champions

- ✔ WE CAN Awards
- ✔ 2 Family Fun events
- ✔ Influencing consultations
- ✔ Parent engagement survey with 100+ respondents and action plan produced in response



**“Being a THRiVE Parent Champion is really good, not just because we have the opportunity to make a positive contribution to our community but because I know when anyone of us need support, even just a ‘pick me up’ conversation, there are a bunch of people we can all reach out to and there will always be someone willing to help.”**





## Project Board and sub-groups

### SUB-GROUPS

- Early Years
- Designated Teachers
- Churches
- Schools
- Community/Youth Workers
- Impact/Finance

- ✓ Agreement from 6 youth organisations to listen to the voice and influence of children and young people
- ✓ Exciting partnership established with Help Kids Talk and all early years settings
- ✓ CAMHS worked with school designated teachers to deliver early intervention resilience programmes in schools
- ✓ Churches pulled together to give new books to some year groups in all primary schools



50+

**ORGANISATIONS PARTICIPATING**

Above:  
Project Board  
Left:  
Early Years Group





## Influencing for Change



6

### VISITS

- + Department of Health
- + Department of Justice
- + Department of Education
- + Department of Economy
- + Public Health Agency
- + Prof Ray Jones



Jayne Brady @jaynebrady · Oct 8, 2022

Such an inspiring visit to see the life changing work @Thrive\_NAbbey @monkstownboxing @AbbeyCommColl are delivering for people in their community - much to learn from.



Education NI @Education\_NI · Oct 7, 2022

Stakeholders and senior officials met @THRIVENabbey during a visit to @monkstownboxing with @AbbeyCommColl.

THRIVE is funded by the @Education\_NI WRAP programme and works with parents, community groups and vol/stat orgs to help young people thrive in their communities.







**Believe in children**



WE WANT OUR CHILDREN AND YOUNG PEOPLE TO

**THRIVE**

**RATHCOOLE & MONKSTOWN**

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