

THRIVE LIVE



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Parent Focus

UP PROGRAMME

Newtownabbey Family Connections delivered a programme for parents of children aged between 8 and 11 to offer support in understanding and protecting their children. The course covered areas such as social skills, internet safety, transitions and puberty. 13 parents registered for the U.P programme.



“UP is an amazing, informative course in a relaxed atmosphere. I’ve learnt a lot of helpful techniques and eye opening information that I wouldn’t have known otherwise.”

Parent

What parents said about UP

- **Strongly agree**
- **Agree**
- **Neutral**

The programme helped me learn new parenting strategies to be a more confident parent.



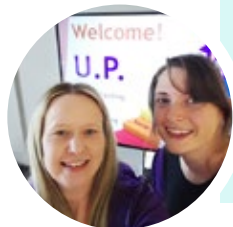
The programme enabled me to know how to support my child’s learning and development.



I have increased awareness of how to look after my own and my family’s well-being.



I have increased awareness of local community support.



MORE THAN MUMS



women completed an accredited Safer Environments programme

Monkstown Boxing Club host a monthly group for parents, with 15 parents on average attending each session. 11 women completed an accredited Safer Environments programme, 4 of these women went on to attend our Link Life Connections Suicide Awareness session and are now Link Life ambassadors.

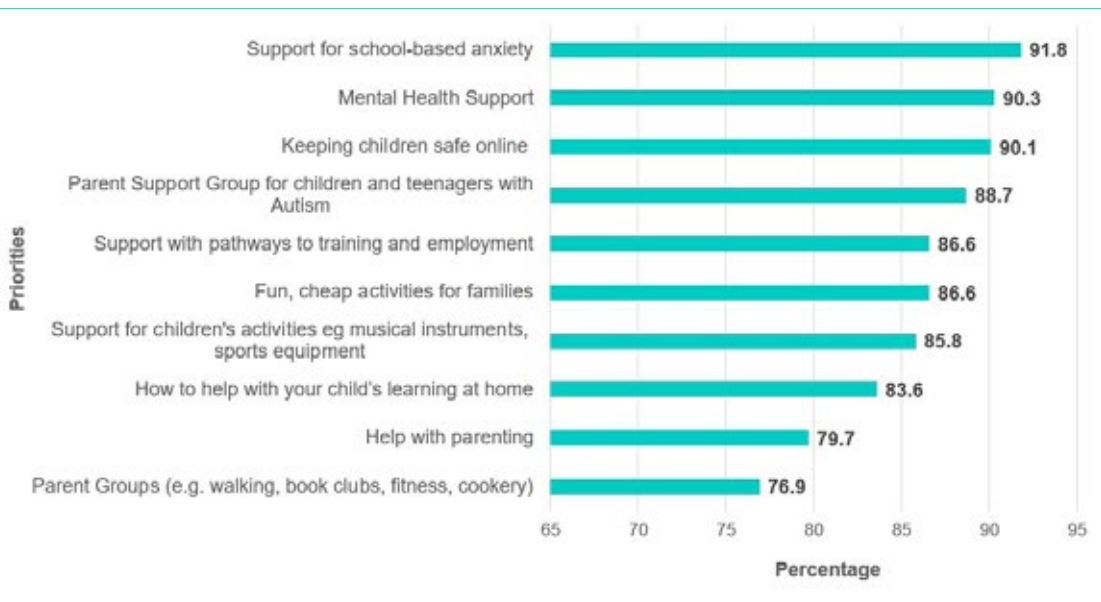
Parent Focus



Parent Champions met with Dr Donna Kernoghan (Stats & Stories NI) to discuss the findings of their recent Parent Engagement Survey. This survey showed that for parents in this area school-based anxiety, mental health and safety online are key priority areas for support.

Several Parent Champions were involved in planning and delivering a SEN Fair at King's Park Primary School on Saturday 20th April. Local parents had the opportunity to engage with a range of SEN focused groups and organisations.

Future Priorities for THRiVE



Sub-group spotlight

COMMUNITY & YOUTH WORKERS GROUP

This group of amazing youth workers have been collaborating on ways to help young people think about the impact of violence on their lives. 8 local community workers were trained in the YBox programme by Dr Colm Walsh QUB and Leigh Whittley EA and will be delivering this programme for young men across the community.



SCHOOLS GROUP

In April, school leaders met with DE and EA to talk about working together to improve school attendance. They heard about what the evidence tells us about what works and examples from other schools of effective approaches.

Improving attendance will be a big focus for THRiVE partners next year.

PATHWAYS

Young people from local youth groups have said it is important to them that they have more information and support to reach positive work and training destinations after they leave school. In May, THRiVE hosted a business breakfast bringing together representatives from local businesses, schools, further education and training providers to talk about working together and planning for an event after Christmas with primary pupils.



Listening to young people

23 local young people, leaders and volunteers from different youth and community groups went away for an overnight residential to The Jungle NI. There was loads of competitive fun completing the Crystal Challenge Team Building exercise! And time spent talking about what they have been doing in their groups to listen to others' opinions and how they might all work together to let young people's voices shape decisions that are made.



Impact and Influence



THRiVE partners presented on effective collaboration to a **Women in Leadership** module hosted by Chief Executive's Forum.



THRiVE and our Learning Partners hosted **Collaborating for Impact Conference** on 4th & 5th June at Stranmillis University College. Executive Ministers endorsed the value of learning from THRiVE and the importance of collaboration. Young people and Parent Champions presented the work they are doing locally and asked to be involved in influencing community change.



THRiVE

To find out more about THRiVE keep an eye on our Facebook page or check out our website: www.thrivenewtownabbey.co.uk

