

THRIVE LIVE



THIS ISSUE

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- ✦ **Parent Focus: Incredible Years - Autism programme**
- ✦ **Sub-group spotlight: Community & Youth Workers, Pathways, Schools Group**
- ✦ **Voice & Influence of young people**
- ✦ **Influence**

WE CAN...



WE CAN messages being promoted by local schools – Rathcoole PS and Whitehouse PS. And using the Listening Ear WE CAN blackboard.

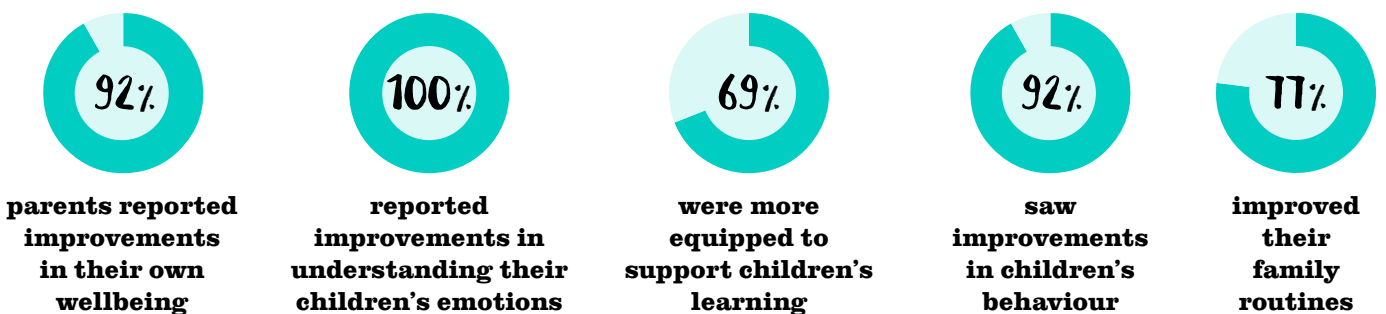
51.3% of parents said they weren't familiar with the WE CAN messages so we still have some work to do.



Parent Focus

FAMILY SUPPORT

Family Connections worked with 26 parents offering family support in 23/24.



Parent Focus (continued)

INCREDIBLE YEARS (AUTISM)

Family Connections delivered the Incredible Years Autism programme for 8 parents. All parents reported an improvement in their own well-being and confidence and their ability to understand and support their children's emotions and behaviours.

BOOST Family Learning.

BOOST workers continue to engage with parents to support them in encouraging learning at home. A joint Family Learning Event took place just before Easter at Newtownabbey Methodist Mission for P5 children and their parents.

IYA Certificates



"I will be keeping in contact with the other parents from the course. Being able to get help from other parents going through similar experiences is invaluable."

Parent

"This programme has helped me improve my communication with my son and helped me understand his sensory needs better."

Parent

"It's an excellent programme, both informative and supportive."

Parent

PARENT ENGAGEMENT SURVEY

We are delighted to have 7 new Parent Champions this quarter. They were active in designing the Parent Engagement survey which has given them really useful data about the priorities for parents in the area.



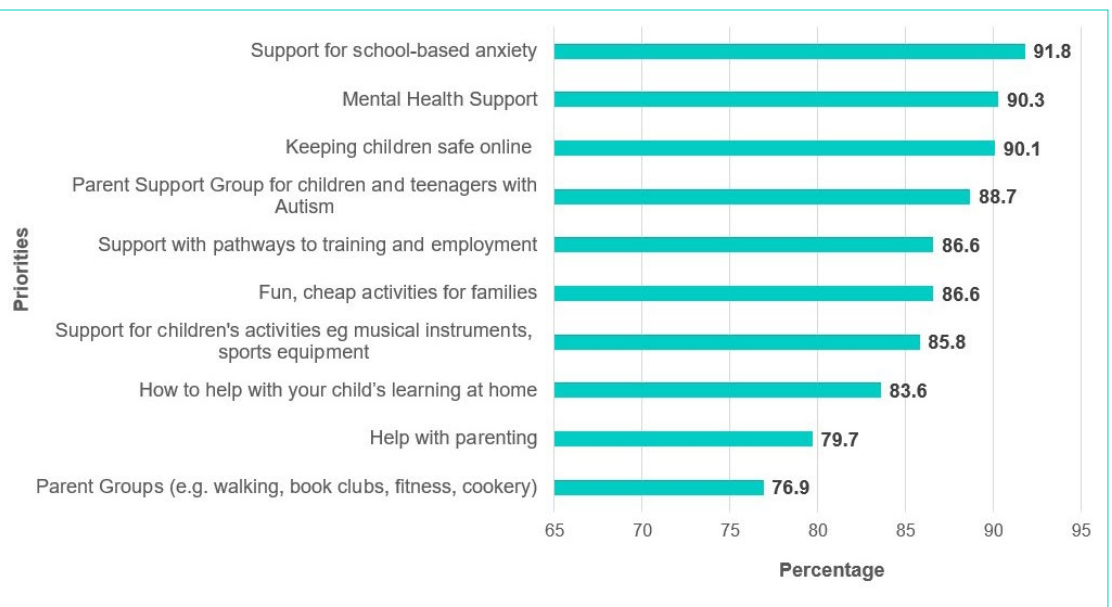
of parents who completed the 2023 Parent Engagement survey said they would welcome a Parent Support Group for children and teenagers with Autism.



felt support for school-based anxiety is a priority.



Future Priorities for THRiVE



Sub-group spotlight

COMMUNITY & YOUTH WORKERS GROUP

C&YW sub-group have been talking with Colm Walsh from Queens University about the impact of violence in communities. They agreed to work together on creating safe spaces for young people to explore this and plan to train in the YBox model as a group and develop a map of spaces where young people can access support.

SCHOOLS GROUP



Lego Therapy

In March, 27 teachers and classroom assistants teachers from primary schools and Abbey Community College received training in Lego Therapy.



Assessment Workshops

In January, school Principals met together to focus on using literacy and numeracy data to show how children and young people’s learning is improving. They learnt from West Belfast schools who co-operate together like they do in THRIVE.



PATHWAYS

We held two workshops looking at **Pathways to employment** and training for young people in the area. School staff, further education college, LMP, skills training organisations, youth and community workers agreed making connections between young people and employment and training is a big priority for us collectively. Young people also shared their lived experiences and would be keen to stay involved in the Pathways work.

Voice & Influence



Several local groups continue to develop projects to create space for young people to influence their groups and the wider community. Some groups have been talking about promoting positive mental wellbeing and resilience, while others have been building capacity to speak up about the issues they find important. Groups came together for a Learning Event to find out more about Children's Rights and listen to young people from Connected Minds in Lisburn who are leading a project on young people's mental health.

“**This project has helped me learn more about myself, my culture & about decision making at a local & regional level.**”

Monkstown Boxing Club

“**I feel I have more insight into my own identity and culture which gives me confident to talk about this in meetings.**”

Monkstown Boxing Club

Impact and Influence

In March THRiVE welcomed Alliance MLA, and Chair of the Stormont Education Committee, Nick Mathison and his party colleague Sian Mulholland MLA to Whitehouse Primary School to share learning about place-based collaborating. Stranmillis CREU have been gathering information of the influence of THRiVE and working with Impact Group on collecting data on how children and young people in the area are doing.



THRiVE

To find out more about THRiVE keep an eye on our Facebook page or check out our website: www.thrivenewtownabbey.co.uk

