

# THRIVE LIVE



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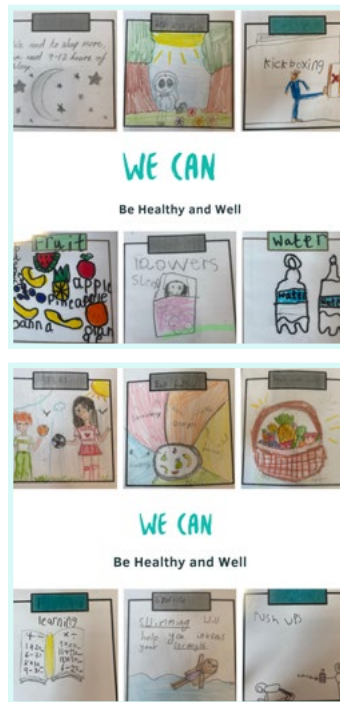
- ✦ Community clean up

## ASPIRATION

### #WECAN...be healthy and well

In April we challenged children to think about how **WE CAN be healthy and well**.

Check out what children in our area said about how children and young people can be healthy and well. We loved hearing from the young people. Thank you to those who took part. You have given us some great examples of Take 5 ideas that we can all use to be healthy and well. THRiVE Goodie bags were given to those who sent in their ideas. people were central to this celebration.





# ATTAINMENT

## BOOST

**BOOST** has had another successful year involving over 75 pupils in our THRiVE primary schools.

In order to mark the progress and engagement of pupils and parents, BOOST workers held a celebration event and presented the pupils with medals and certificates.

It was fantastic to see the pupils and their parents mark this achievement and everyone was extremely proud! No celebration would be complete without some tea, coffee juice and treats - a great afternoon was had by all!

75  
pupils



## Library visit

King's Park BOOST pupils have been focusing on developing literacy skills this year and in order to encourage reading and an enjoyment of books, we organised a visit to Cloughfern library. Michael from NI Libraries explained how books are organised in the library and how best to select a suitable book. Each pupil received a registration card and were delighted in being able to select and borrow a book.... using the library scanner was great fun and everyone was excited to bring their chosen book home to read!





# WELLBEING

## Barnardo's Family Connections

This quarter the **Family Connections** team have been continuing to provide support for parents through:

- » One to one support to help with topics such as mental health, behaviour, emotions, routines and school attendance.
- » Money Matters programme in partnership with Stranmillis University. This programme looked at topics such as budgeting, scams and safer borrowing
- » Managing Changes programme which provided parents with strategies to support their children with moving schools, starting nursery/school,

managing everyday activity changes and preparing children for school holiday/going on holiday.

- » Planning a family summer programme which will provide play, learning and social opportunities for families during the school holidays.

Please get in touch with Emma & Claire, our friendly Family Connections workers to link in with the family support programme.



## St. James THRiVE Garden



Chris Quinn, Northern Ireland Children's Commissioner opened the beautiful THRiVE Garden in St. James Nursery Unit on the 16<sup>th</sup> May 2025. It was amazing to see the children outside and enjoying the beautiful space created just for them. With greenhouse, flower beds, bug hotel, bird box and outdoor play area the children will have this great resource for years to come.

THRiVE was delighted to play their part in helping to get this garden open, with funding from Keep Northern Ireland Beautiful and the dedicated Nursery teachers.



# COLLABORATION



## Rathcoole Community Clean up

A huge well done and thank you to Rathcoole and Whitehouse Primary who took part in the Rathcoole Neighbourhood Renewal Community Clean up, to Laura from Rathcoole Youth Centre who opened her doors to the children and to the ladies from Newtownabbey Women's Group from Team JVC who made lovely gift bags for the children, joining together to make our estate beautiful.

It was truly inspiring to see so many people come together with a shared goal of making our area cleaner, greener, and even more beautiful.



"Clean-ups like this aren't just great for the environment, they're good for the soul too. Coming together as a community reminds us of the strength we have when we work side by side. Whether you picked up a bag of rubbish, brought a smile, or helped organise, your contribution made a real difference."

Stacey Myles,  
Rathcoole Neighbourhood  
Renewal

# THRIVE

To find out more about THRiVE keep an eye on our Facebook page or check out our website:  
[www.thrivenewtownabbey.co.uk](http://www.thrivenewtownabbey.co.uk)

